| Summer Menu Easter 2023 to October half term 2023 |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Cycle 1 Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
| Main Lunch Option |  |  |  |  |  |
| Main Meat | Mild Chicken Curry with $1 / 2$ Steamed Vegetable Rice \& $1 / 2$ Naan Bread | Minced Beef Lasagne with Crusty Bread and Mixed Salad | Pork Sausage, Mashed Potatoes with Carrots and Gravy | Lamb Burger, Jacket Wedges, and Baked Beans | Fish Cake, with Diced Potatoes, Peas \& Sweetcorn |
| Main Vegetarian |  <br> Chickpea Curry with $1 / 2$ <br> Steamed Vegetable <br> Rice \& 1 12 Naan Bread | Vegetarian Mince Lasagne with Crusty Bread and Mixed Salad | Vegan Quorn Sausage, Mashed Potatoes with Carrots and Gravy | Cheese \& Onion Quiche, Jacket Wedges, and Baked Beans | Vegetable \& Tomato Pasta Bake, with Peas \& Sweetcorn |
| Sandwich 1 | Tuna Mayonnaise with Side Salad | Ham with Side Salad | Chicken with Side Salad | Tuna with Side Salad | Ham with Side Salad |
| Sandwich 2 | Cheese with Side Salad | Egg Mayonnaise with Side Salad | Cheese with Side Salad | Dairylea with Side Salad | Cheese with Side Salad |
| Jacket Potato \& Filling | Cheese | Baked Beans | Tuna Mayonnaise | Cheese | Cheese and Beans |
| Bread with no added fat or oil will be available every day. |  |  |  |  |  |
| Dessert Option |  |  |  |  |  |
| Dessert | Frozen Yoghurt | Jam Sponge and Custard | Summer Fruit Muffin | Apple Flapjack \& Chocolate <br> Flavoured Milk | Banana Sponge and Custard |
| Fruit Selection | Fruit Selection | Fruit Selection | Fruit Selection | Fruit Selection | Fruit Selection |
| Yoghurt Selection | Yoghurt Selection | Yoghurt Selection | Yoghurt Selection | Yoghurt Selection | Yoghurt Selection |
| Cheese with Biscuits \& Raisins | Cheese with Biscuits \& Raisins | Cheese with Biscuits \& Raisins | Cheese with Biscuits \& Raisins | Cheese with Biscuits \& Raisins | Cheese with Biscuits \& Raisins |


| Summer Menu Easter 2023 to October half term 2023 |  |  |  |  |  |
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| Cycle 1 Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
| Main Lunch Option |  |  |  |  |  |
| Main Meat | Chicken Stir Fry in Sweet \& Sour Sauce with Noodles | Pork \& Potato Pie, Mashed Potatoes, Broccoli, Cauliflower, Carrots \& Gravy | Roast Chicken, Roast <br> Potatoes, Carrots, Green Beans \& Gravy | Meatballs \& Tomato Pasta with Garlic Bread and Mixed Salad | Fish Fillet Fingers, Jacket Wedges and Garden Peas |
| Main Vegetarian | Stir Fry Vegetables in Sweet \& Sour Sauce with Noodles | Creamy Vegetable Slice <br> Mashed Potatoes Broccoli, Cauliflower, Carrots \& Gravy | Vegan Quorn Fillet, Roast Potatoes, Carrots, Green Beans \& Gravy | Tomato \& Basil Lentil Pasta with Garlic Bread and Mixed Salad | Vegan Vegetable Burger, Jacket Wedges and Garden Peas |
| Sandwich 1 | Tuna Mayonnaise with Side Salad | Ham with Side Salad | Chicken with Side Salad | Tuna with Side Salad | Ham with Side Salad |
| Sandwich 2 | Cheese with Side Salad | Egg Mayonnaise with Side Salad | Cheese with Side Salad | Dairylea with Side Salad | Cheese with Side Salad |
| Jacket Potato \& Filling | Cheese | Baked Beans | Tuna Mayonnaise | Cheese | Cheese and Beans |
| Bread with no added fat or oil will be available every day. |  |  |  |  |  |
| Dessert Option |  |  |  |  |  |
| Dessert | Vanilla \& Raspberry Ice Cream Roll | Apple Crumble with Cream | Peach <br> Shortbread with Cream | Chocolate Sponge with Chocolate Sauce | Lemon Cupcakes |
| Fruit Selection | Fruit Selection | Fruit Selection | Fruit Selection | Fruit Selection | Fruit Selection |
| Yoghurt Selection | Yoghurt Selection | Yoghurt Selection | Yoghurt Selection | Yoghurt Selection | Yoghurt Selection |
| Cheese with Biscuits \& Raisins | Cheese with Biscuits \& Raisins | Cheese with Biscuits \& Raisins | Cheese with Biscuits \& Raisins | Cheese with Biscuits \& Raisins | Cheese with Biscuits \& Raisins |


| Summer Menu Easter 2023 to October half term 2023 |  |  |  |  |  |
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| Cycle 1 Week 3 | Monday | Tuesday | Wednesday | Thursday | Friday |
| Main Lunch Option |  |  |  |  |  |
| Main Meat | Chicken, Sweetcorn \& Tomato Pasta Bake with Peas | Ham \& Cheese Pizza with Jacket Wedges and Baked Beans | Roast Pork, Roast Potatoes, Stuffing, Carrots, Green Beans and Gravy | Minced Beef <br> Bolognese with Pasta \& Garlic Bread | Fish Goujons, with Pasta Salad \& Fresh Carrot Sticks |
| Main Vegetarian | Vegetable \& Tomato Pasta Bake, with Peas and Sweetcorn | Cheese \& Tomato Pizza with Jacket Wedges and Baked Beans | Vegetarian Sausages, Roast Potatoes, Carrots, Green Beans \& Gravy | Vegan Mince Bolognese with Pasta \& Garlic Bread | Quorn Southern Fried Nuggets, with Pasta Salad \& Fresh Carrot Sticks |
| Sandwich 1 | Tuna Mayonnaise with Side Salad | Ham <br> with Side Salad | Chicken with Side Salad | Tuna with Side Salad | Ham with Side Salad |
| Sandwich 2 | Cheese with Side Salad | Egg Mayonnaise with Side Salad | Cheese with Side Salad | Dairylea with Side Salad | Cheese with Side Salad |
| Jacket Potato \& Filling | Cheese | Baked Beans | Tuna Mayonnaise | Cheese | Cheese and Beans |
| Bread with no added fat or oil will be available every day. |  |  |  |  |  |
| Dessert Option |  |  |  |  |  |
| Dessert | Blueberry Muffin | Carrot Cake | Cherry Cookie | Vanilla Sponge \& Custard | Orange Jelly |
| Fruit Selection | Fruit Selection | Fruit Selection | Fruit Selection | Fruit Selection | Fruit Selection |
| Yoghurt Selection | Yoghurt Selection | Yoghurt Selection | Yoghurt Selection | Yoghurt Selection | Yoghurt Selection |
| Cheese with Biscuits \& Raisins | Cheese with Biscuits \& Raisins | Cheese with Biscuits \& Raisins | Cheese with Biscuits \& Raisins | Cheese with Biscuits \& Raisins | Cheese with Biscuits \& Raisins |

