

## Weekly Menu: Winter Menu C4 Wk2 Oct 24 half term - East

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>
Meat Free Chicken Style Burger, Diced Pot, Beans	Beef Bolognese, W/w Pasta, Salad & Garlic Bread	Roast Chicken, Stuffing, R Pots, Broccoli Mix	Pork Meatballs in Tom Sc, 50/50 Rice, Sweetcorn	Fish Finger Wrap with Jacket Wedges & Garden Peas
Cheese & Tomato Pizza, Diced Potatoes, Baked Beans	Veg & Lentil Bolognese, W/w Pasta, Salad, Garlic B	Roast Quorn, Stuffing, R Pots, Broccoli Mix, Gravy	Plant Balls, Tom Sauce, 50/50 Rice, Sweetcorn	Fishless Fingers Wrap, Jacket Wedges, Garden Peas
Jacket Potato with Cheese and Side Salad	Jacket Potato with Baked Beans and Side Salad	Jacket Potato with Tuna Mayonnaise and Side Salad	Jacket Potato with Cheese and Side Salad	Jacket Potato with Cheese, Beans and Side Salad
Cheese Sandwich with Side Salad	Tuna Mayonnaise Sandwich with Side Salad	Cheese Sandwich with Side Salad	Dairylea Sandwich with Side Salad	Cheese Sandwich with Side Salad
Egg Mayonnaise Sandwich with Side Salad	Ham Sandwich with Side Salad	Chicken Sandwich with Side Salad	Tuna Mayonnaise Sandwich with Side Salad	Ham Sandwich with Side Salad
Packed Lunch From Home	Packed Lunch From Home	Packed Lunch From Home	Packed Lunch From Home	Packed Lunch From Home
<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>
Sliced Fruit Platter	Chocolate & Pear Sponge with Chocolate Sauce	Apple Flapjack with Flavoured Milk	Cornflake Tart with Custard	Fruit Sponge with Custard
Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection
Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection
Cheese, Biscuits & Raisins	Cheese, Biscuits & Raisins	Cheese with Biscuits and Raisins	Cheese, Biscuits & Raisins	Cheese, Biscuits & Raisins
No Dessert, Thank you	No Dessert, Thank you	No Dessert, Thank you	No Dessert, Thank you	No Dessert, Thank you
Packed Lunch From Home	Packed Lunch From Home	Packed Lunch From Home	Packed Lunch From Home	Packed Lunch From Home

### Allergens

Meat Free Chicken Style Burger, Diced Pot, Beans: **Cereals containing gluten, Mustard, Soya**; Cheese & Tomato Pizza, Diced Potatoes, Baked Beans: **Cereals containing gluten, Milk**; Jacket Potato with Cheese and Side Salad: **Milk**; Cheese Sandwich with Side Salad: **Cereals containing gluten, Milk, Soya**; Egg Mayonnaise Sandwich with Side Salad: **Cereals containing gluten, Eggs, Soya**; Packed Lunch From Home: **No allergens**; Sliced Fruit Platter: **No allergens**; Yoghurt Selection: **Milk**; Cheese, Biscuits & Raisins: **Cereals containing gluten, Milk**; No Dessert, Thank you: **No allergens**; Beef Bolognese,

W/w Pasta, Salad & Garlic Bread: **Cereals containing gluten, Milk, Mustard, Soya**; Veg & Lentil Bolognese, W/w Pasta, Salad, Garlic B: **Cereals containing gluten, Milk, Mustard, Soya**; Jacket Potato with Baked Beans and Side Salad: **No allergens**; Tuna Mayonnaise Sandwich with Side Salad: **Cereals containing gluten, Eggs, Fish, Soya**; Ham Sandwich with Side Salad: **Cereals containing gluten, Soya**; Chocolate & Pear Sponge with Chocolate Sauce: **Cereals containing gluten, Eggs, Milk**; Fruit Selection: **No allergens**; Roast Chicken, Stuffing, R Pots, Broccoli Mix: **Cereals containing gluten**; Roast Quorn, Stuffing, R Pots, Broccoli Mix, Gravy: **Cereals containing gluten**; Jacket Potato with Tuna Mayonnaise and Side Salad: **Eggs, Fish**; Chicken Sandwich with Side Salad: **Cereals containing gluten, Soya**; Apple Flapjack with Flavoured Milk: **Cereals containing gluten, Milk**; Cheese with Biscuits and Raisins: **Cereals containing gluten, Milk**; Pork Meatballs in Tom Sc, 50/50 Rice, Sweetcorn: **Cereals containing gluten, Sulphur Dioxide**; Plant Balls, Tom Sauce, 50/50 Rice, Sweetcorn: **No allergens**; Dairylea Sandwich with Side Salad: **Cereals containing gluten, Milk, Soya**; Cornflake Tart with Custard: **Cereals containing gluten, Milk, Sulphur Dioxide**; Fish Finger Wrap with Jacket Wedges & Garden Peas: **Cereals containing gluten, Fish**; Fishless Fingers Wrap, Jacket Wedges, Garden Peas: **Cereals containing gluten**; Jacket Potato with Cheese, Beans and Side Salad: **Milk**; Fruit Sponge with Custard: **Cereals containing gluten, Eggs, Milk**