

Weekly Menu: Winter Menu C4 Wk3 Oct 24 half term - East

Monday	Tuesday	Wednesday	Thursday	Friday
Main	Main	Main	Main	Main
Mild Chicken Curry, 50/50 Rice, Naan & Garden Peas	Vegetable Fingers, Diced Potatoes and Baked Beans	Roast Beef, R Pots, Y/Pudd, Carrots, Broccoli	Lamb Burger, Jacket Wedges & Sweetcorn	Bubble Crumb Salmon, Mashed Potatoes, Garden Peas
Mild Veg Curry, 50/50 Rice, 1/2 Naan, Garden Peas	Macaroni Cheese with Crusty Bread & Sweetcorn	Roast Quorn, R Pots, Y/Pudd, Carrots, Broccoli	Breaded Veg Burger, Jacket Wedges & Sweetcorn	Bubble Fish with Mashed Potatoes & Garden Peas
Jacket Potato with Cheese and Side Salad	Jacket Potato with Baked Beans and Side Salad	Jacket Potato with Tuna Mayonnaise and Side Salad	Jacket Potato with Cheese and Side Salad	Vegan Sausage Roll with Mash & Garden Peas
Cheese Sandwich with Side Salad	Egg Mayonnaise Sandwich with Side Salad	Cheese Sandwich with Side Salad	Dairy Lea Sandwich with Side Salad	Jacket Potato with Cheese, Beans and Side Salad
Tuna Mayonnaise Sandwich with Side Salad	Dairy Lea Sandwich with Side Salad	Chicken Sandwich with Side Salad	Tuna Mayonnaise Sandwich with Side Salad	Cheese Sandwich with Side Salad
Packed Lunch From Home	Packed Lunch From Home	Packed Lunch From Home	Packed Lunch From Home	Ham Sandwich with Side Salad
				Packed Lunch From Home
Dessert	Dessert	Dessert	Dessert	Dessert
Apple Muffins with Flavoured Milk	Sticky Toffee Pudding with Custard	Frozen Yoghurt	Marble Sponge Pudding with Custard	Oat & Raisin Cookie with Fruit Juice
Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection
Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection
Cheese, Biscuits & Raisins	Cheese, Biscuits & Raisins	Cheese with Biscuits and Raisins	Cheese, Biscuits & Raisins	Cheese, Biscuits & Raisins
No Dessert, Thank you	No Dessert, Thank you	No Dessert, Thank you	No Dessert, Thank you	No Dessert, Thank you
Packed Lunch From Home	Packed Lunch From Home	Packed Lunch From Home	Packed Lunch From Home	Packed Lunch From Home

Allergens

Mild Chicken Curry, 50/50 Rice, Naan & Garden Peas: **Celery, Cereals containing gluten, Eggs, Milk, Mustard**; Mild Veg Curry, 50/50 Rice, 1/2 Naan, Garden Peas: **Celery, Cereals containing gluten, Eggs, Milk, Mustard**; Jacket Potato with Cheese and Side Salad: **Milk**; Cheese Sandwich with Side Salad: **Cereals containing gluten, Milk, Soya**; Tuna Mayonnaise Sandwich with Side Salad: **Cereals containing gluten, Eggs, Fish, Soya**; Packed Lunch From Home: **No allergens**; Apple Muffins with Flavoured Milk: **Cereals containing gluten, Eggs, Milk**; Yoghurt Selection: **Milk**; Cheese, Biscuits & Raisins: **Cereals containing gluten, Milk**; No Dessert, Thank you: **No allergens**; Vegetable Fingers, Diced Potatoes and Baked Beans: **Cereals containing gluten**; Macaroni Cheese with Crusty Bread & Sweetcorn: **Cereals containing gluten, Milk, Sesame seeds**; Jacket Potato with Baked Beans and Side Salad: **No allergens**; Egg Mayonnaise Sandwich with Side Salad: **Cereals containing gluten, Eggs, Soya**; Dairylea Sandwich with Side Salad: **Cereals containing gluten, Milk, Soya**; Sticky Toffee Pudding with Custard: **Cereals containing gluten, Eggs, Milk**; Fruit Selection: **No allergens**; Roast Beef, R Pots, Y/Pudd, Carrots, Broccoli: **Cereals containing gluten, Eggs, Milk**; Roast Quorn, R Pots, Y/Pudd, Carrots, Broccoli: **Cereals containing gluten, Eggs, Milk**; Jacket Potato with Tuna Mayonnaise and Side Salad: **Eggs, Fish**; Chicken Sandwich with Side Salad: **Cereals containing gluten, Soya**; Frozen Yoghurt: **Milk**; Cheese with Biscuits and Raisins: **Cereals containing gluten, Milk**; Lamb Burger, Jacket Wedges & Sweetcorn: **Cereals containing gluten**; Breaded Veg Burger, Jacket Wedges & Sweetcorn: **Cereals containing gluten, Milk, Mustard**; Marble Sponge Pudding with Custard: **Cereals containing gluten, Eggs, Milk**; Bubble Crumb Salmon, Mashed Potatoes, Garden Peas: **Fish**; Bubble Fish with Mashed Potatoes & Garden Peas: **Fish**; Vegan Sausage Roll with Mash & Garden Peas: **Cereals containing gluten, Sulphur Dioxide**; Jacket Potato with Cheese, Beans and Side Salad: **Milk**; Ham Sandwich with Side Salad: **Cereals containing gluten, Soya**; Oat & Raisin Cookie with Fruit Juice: **Cereals containing gluten**