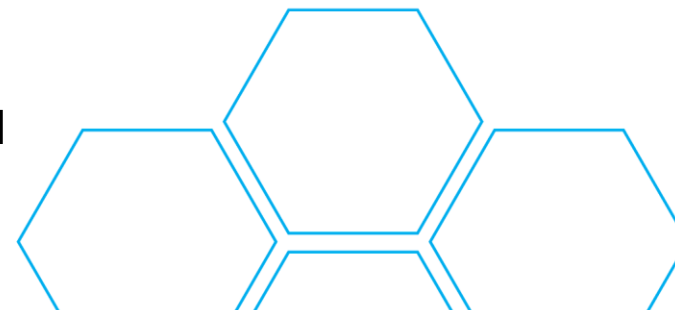
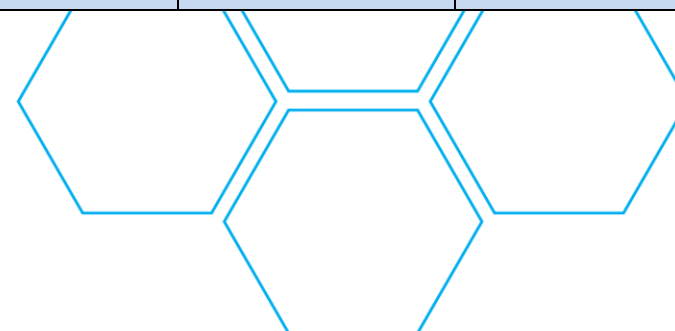


Curriculum Map 2020/2021



Year Group	Autumn		Spring		Summer	
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
EYFS Physical Development ELG: Gross Motor Skills Children at the expected level of development will: - Negotiate space and obstacles safely, with consideration for themselves and others; - Demonstrate strength, balance and coordination when playing; Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.	Multiskills: Demonstrate strength, balance and coordination when playing Negotiate space and obstacles safely, with consideration for themselves and others;	Multiskills: Demonstrate strength, balance and coordination when playing Negotiate space and obstacles safely, with consideration for themselves and others;	Multiskills: Demonstrate strength, balance and coordination when playing Negotiate space and obstacles safely, with consideration for themselves and others;	Multiskills: Demonstrate strength, balance and coordination when playing Negotiate space and obstacles safely, with consideration for themselves and others;	Athletics (practise for sports day) Move energetically, such as running, jumping, dancing, hopping, skipping and climbing	Ball Games: Focus netball Negotiate space and obstacles safely, with consideration for themselves and others; - Demonstrate strength, balance and coordination when playing;
	Dance: move energetically, such as running, jumping, dancing, hopping, skipping and climbing	Gymnastics: move energetically, such as running, jumping, dancing, hopping, skipping and climbing Demonstrate strength, balance and coordination when playing	Dance: move energetically, such as running, jumping, dancing, hopping, skipping and climbing	Gymnastics: move energetically, such as running, jumping, dancing, hopping, skipping and climbing	Gymnastics: move energetically, such as running, jumping, dancing, hopping, skipping and climbing Demonstrate strength, balance and coordination when playing	Ball games: focus football Negotiate space and obstacles safely, with consideration for themselves and others; - Demonstrate strength, balance and coordination when playing;



1	<p>Multi-Skills-SOW1- Lessons 1-6 (Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities)</p>	<p>Team Games-attack and defend (Focus sport: Football)</p>	<p>Team Games-attack and defend (Focus sport: netball)</p>	<p>Multi-Skills- Team building games (Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities)</p>	<p>Athletics- preparation for sports day.</p>	<p>Team Games- Inventing Games Unit 1 Val Sabin (Yr 2) (Developing simple tactics for attacking and defending)</p>
	<p>Gymnastics- Unit D Val Sabin (developing balance, agility and co-ordination, and begin to apply these in a range of activities)</p>	<p>Dance- Unit 1 Val Sabin (perform dances using simple movement patterns)</p>	<p>Gymnastics- Unit E Val Sabin (developing balance, agility and co-ordination, and begin to apply these in a range of activities)</p>	<p>Dance- Unit 2 Val Sabin (perform dances using simple movement patterns)</p>	<p>Throwing & Catching- Throwing and Catching Unit 2 Val Sabin (Master basic movements including throwing and catching and begin to apply these in a range of activities)</p>	<p>Bat and Ball Skills- Unit 3 Val Sabin Games Focus on Rounders as a sport (Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply</p>

						these in a range of activities Rounders based tournament between 2 classes- (e.g Throwing and catching, first class to get all the way round the circle wins.)
2	Team Games (Developing simple tactics for attacking and defending) (Focus sport: Football)	Netball - Team building games (Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities)	Multi-Skills- SOW 1 Lessons 7-12 (Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities)	OAA-Val Sabin/Top Cards (take part in outdoor and adventurous activity challenges both individually and within a team)	Tri-Golf- Tops cards with set (compare their performances with previous ones and demonstrate improvement to achieve their personal best)	Team Games- Inventing Games Unit 2 Val Sabin (Developing simple tactics for attacking and defending)
	Gymnastics- Unit H Val Sabin (developing balance, agility and co-ordination, and begin to apply these in a range of activities)	Dance- Unit 2 Val Sabin (perform dances using simple movement patterns)	Dance- Unit 4 Val Sabin (perform dances using simple movement patterns)	Athletics Preparation for sports day competition	Gymnastics- Unit I Val Sabin (developing balance, agility and co-ordination, and begin to apply these in a range	Multi-Skills- Team building games (Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility

					of activities)	and co-ordination, and begin to apply these in a range of activities)
3	Competitive Games (Focus sport: Flag Football)	Games Striking and Fielding Rounders (play competitive games and apply basic principles suitable for attacking and defending)	Competitive Games (play competitive games and apply basic principles suitable for attacking and defending) (Focus sport: Netball)	Competitive games: (play competitive games and apply basic principles suitable for attacking and defending) Focus sport: Lacrosse	Competitive games: (play competitive games and apply basic principles suitable for attacking and defending) Focus sport: Football	Competitive Games- Focus on Hockey (play competitive games and apply basic principles suitable for attacking and defending)
	Athletics- Elevating athletics Norwich Union (use running, jumping, throwing and catching in isolation and in combination)	Dance- Unit 2 Val Sabin (perform dances using a range of movement patterns)	Gymnastics- Unit L Val Sabin (develop flexibility, strength, technique, control and balance)	Swimming (swim competently, confidently and proficiently over a distance of at least 25 metres use a range of strokes effectively [for example,	OAA-Val Sabin/Top Cards (take part in outdoor and adventurous activity challenges both individually and within a team)	Competitive Games- Unit 4 Val Sabin (play competitive games and apply basic principles suitable for attacking and defending)

				<p><i>front crawl, backstroke and breaststroke]</i> <i>perform safe self-rescue in different water-based situations)</i> (If can't do it due to covid-cricket)</p>		
4	<p>Striking and Fielding Focus Sport: Rounders (play competitive games and apply basic principles suitable for attacking and defending)</p>	<p>Competitive games: (play competitive games and apply basic principles suitable for attacking and defending)</p> <p>Focus sport: netball</p>	<p>Competitive games- American Flag football</p>	<p>OAA-Val Sabin (take part in outdoor and adventurous activity challenges both individually and within a team)</p>	<p>Swimming (swim competently, confidently and proficiently over a distance of at least 25 metres use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] perform safe self-rescue in different water-based situations) (If can't due to covid- cricket)</p>	<p>Competitive Games Lacrosse focus (play competitive games and apply basic principles)</p>

	Competitive Games- Focus on football <i>(play competitive games and apply basic principles suitable for attacking and defending)</i>	Dance- Unit 1 Val Sabin <i>(perform dances using a range of movement patterns)</i>	Competitive Games- Hockey <i>(play competitive games and apply basic principles suitable for attacking and defending)</i>	Athletics- Elevating athletics Norwich Union <i>(use running, jumping, throwing and catching in isolation and in combination)</i>	Gymnastics- Unit S Val Sabin <i>(develop flexibility, strength, technique, control and balance)</i>	Tri-Golf- Top Cards <i>(compare their performances with previous ones and demonstrate improvement to achieve their personal best)</i>
	5	Competitive Games Focus sport netball	Competitive Games- Focus on Pop lacrosse <i>(play competitive games and apply basic principles suitable for attacking and defending)</i>	Competitive Games Football <i>(play competitive games and apply basic principles suitable for attacking and defending)</i>	Competitive Games Flag football <i>(play competitive games and apply basic principles suitable for attacking and defending)</i>	Competitive Games Hockey <i>(play competitive games and apply basic principles suitable for attacking and defending)</i>
	Games Striking and Fielding (Cricket)- Top Cards	Dance- Val Sabin Unit 2 <i>(perform dances</i>	Leadership and Team-Building- Val Sabin OAA	Healthy Fitness Challenge- SOW <i>(compare</i>	Athletics- Elevating athletics Norwich	Gymnastics- Unit U Val Sabin <i>(develop</i>

	<i>(play competitive games and apply basic principles suitable for attacking and defending)</i>	<i>using a range of movement patterns)</i>	<i>(compare their performances with previous ones and demonstrate improvement to achieve their personal best)</i>	<i>their performances with previous ones and demonstrate improvement to achieve their personal best)</i>	Union <i>(use running, jumping, throwing and catching in isolation and in combination)</i>	<i>flexibility, strength, technique, control and balance)</i>
6	Competitive Games Focus sport netball <i>(play competitive games and apply basic principles suitable for attacking and defending)</i>	Flag football <i>(play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending)</i>	Healthy Fitness Challenge- SOW <i>(compare their performances with previous ones and demonstrate improvement to achieve their personal best)</i> (Links with Blood Heart Topic)	Hockey (play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending)	Competitive Balls games <i>(play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending)</i>	Athletics- Shine Awards <i>(develop flexibility, strength, technique, control and balance)</i>
	Pop Lacrosse <i>(play competitive games,</i>	Dance- Val Sabin Unit 1 <i>(perform dances</i>	Competitive Games- Focus on football <i>(play competitive</i>	Gymnastics- Unit Y Val Sabin	Games Striking and Fielding Rounders	<i>Swimming top up- if not cricket</i>

	modified where appropriate and apply basic principles suitable for attacking and defending)	<i>using a range of movement patterns)</i>	<i>games and apply basic principles suitable for attacking and defending)</i>	<i>(develop flexibility, strength, technique, control and balance)</i>	<i>(play competitive games and apply basic principles suitable for attacking and defending)</i>	
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